|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **ACP -1** | | | | | | | | | | | **ACP-2** | | | | | | | | **ACP-3** | | | | | | |
| **Dimensões** | **Itens** | **Factores** | | | | | | | | | **Dimensões** | **Itens** | **Factores** | | | | | | **Dimensões** | **Itens** | **Factores** | | | | |
|  |  | **1** | | **2** | | **3** | | **4** | **5** | |  |  | **1** | **2** | **3** | **4** | **5** | **6** |  |  | **1** | **2** | **3** | **4** | **5** |
| Suporte Social | 17  1  59  31  71 | .78  .72  .73  .65  .64 | |  | |  | |  |  | | Preocupar-se | 73  7  64  24  37 | .73  .70  .64  .60  .44 |  |  |  |  |  | Procura de  pertença | 33  50  38  8  46 | .73  .70  .62  .55  .54 |  |  |  |  |
| Culpabilizar-se | 56  70  42  51 |  | | .86  .85  .74  .58 | |  | |  |  | | Procurar apoio  espiritual | 48  22  5  36 |  | .90  .89  .85  .70 |  |  |  |  | Ação Social | 52  67  49  39  66 |  | .72  .68  .67  .57  48 |  |  |  |
| Focar-se no positivo | 35  47  62  69  65  13 |  | |  | | .75  .73  .52  .69  .50  .49 | |  |  | | Guardar para si | 57  43  15 |  |  | .85  .80  .63 |  |  |  | Esforçar-se e  ter êxito | 25  60  3  45  19 |  |  | .74  .70  .61  .56  .48 |  |  |
| Investir em amizades íntimas | 40  77  53  11  14 |  | |  | |  | | .82  .73  .46  .48  .33 |  | | Procurar ajuda  profissional | 61  72  23  6 |  |  |  | .86  .83  .80  .73 |  |  | Fazer  atividade  física | 4  34  20 |  |  |  | .83  .72  .65 |  |
| Ignorar o problema | 16  76  41  58 |  | |  | |  | |  | .77  .62  .71  .42 | | Concentrar-se  na resolução do  problema | 2  18  78  32  44 |  |  |  |  | .83  .80  .67  .54  .52 |  | Não se  confrontar | 9  10  55 |  |  |  |  | .77  .76  .66 |
|  | | | | | | | | | | | Reduzir a tensão | 79  27  75  68 |  |  |  |  |  | .51  .80  .54  .36 |  |  |  |  |  |  |  |
| ***Eigenvalues*** | | | 4.781 | | 3.503 | | 2.153 | 1.547 | | 1.300 |  | | 4.263 | 3.018 | 2.448 | 2.190 | 1.222 | 1.004 |  | | 4.253 | 2.799 | 1.679 | 1.591 | 1.346 |
| **% de variância** | | | 17.71 | | 12.98 | | 7.98 | 5.83 | | 4.82 |  | | 15.79 | 11.18 | 9.07 | 8.11 | 4.53 | 3.72 |  | | 17.01 | 11.20 | 6.72 | 6.37 | 5.38 |
| **Cronbach α** | | | **.77** | | **.81** | | **.72** | **.66** | | **.64** |  | | **.72** | **.86** | **.69** | **.82** | **.73** | **.55** |  | | **.68** | **.64** | **.69** | **.67** | **.63** |

**Tabela 1**: Resultados das três etapas da **Análise em Componentes Principais**. **ACP-1**: KMO=.85, *Bartlett’s test of sphericity* χ2(351)=12088.88, *p*<.001. **ACP-2**: KMO=.79, *Bartlett’s test of sphericity* χ2(351)=13352.129, *p*<.001. **ACP-3**: KMO=.82, *Bartlett’s test of sphericity* χ2(300)=8349.435, *p*<.001. Saturações em factores que não o previsto surgem sublinhadas.