**Table 1 – Psychobooks: International and Portuguese top ten.**

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| Rank | International Psychobooks | | Votes  (0-100) | Rate  (-20;+20) | Portuguese Psychobooks | | Votes  (0-100) | Rate  (-20;+20) |
| **Title** | **Author** | **Title** | **Author** |
| 1 | The idiot | Fyodor Dostoevsky | 22 | +18 | Como tornar-se doente mental | Pio de Abreu | 21 | +15 |
| 2 | The brothers Karamazov | Fyodor Dostoevsky | 21 | +18 | O livro do desassossego | Bernardo Soares | 18 | +18 |
| 3 | The metamorphosis | Franz Kafka | 18 | +17 | O erro de Descartes | António Damásio | 15 | +17 |
| 4 | If this is a man | Primo Levi | 17 | +18 | Retalhos da vida de um médico | Fernando Namora | 15 | +16 |
| 5 | Misery | Anton Chekhov | 17 | +17 | Os Maias | Eça de Queiroz | 13 | +16 |
| 6 | Werther | Goethe | 16 | +16 | Ninguém morre sozinho | Daniel Sampaio | 13 | +14 |
| 7 | The trial | Franz Kafka | 15 | +18 | Meu pé de laranja lima | José Mauro de Vasconcelos | 12 | +17 |
| 8 | On becoming a person | Carl Ransom Rogers | 13 | +17 | O sem-amor ou o major sem a Serotonina | António Bento | 12 | +17 |
| 9 | One hundred years of solitude | Gabriel García Márquez | 12 | +18 | Memória de elefante | António Lobo Antunes | 12 | +10 |
| 10 | A small treatise on the great virtues | André Comte-Sponville | 12 | +17 | Sem-amor sem-abrigo | António Bento e  Elias Barreto | 11 | +16 |