Foreign Bodies in Pediatrics: A Case to Say “Hello Kitty”

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Acta Med Port 2017 Sep;30(9):663-663 • https://doi.org/10.20344/amp.9189

Keywords: Accidents; Child; Foreign bodies
Palavras-chave: Acidentes; Corpos Estranhos; Criança

A 7-year-old Chinese girl was admitted to our emergency department with dysphagia, sialorrhea and paroxysmal cough after ingestion of a foreign body. On physical examination she was thermodynamically stable, with no signs of respiratory distress and an oxygen saturation of 100%. A plain-film radiography of the thorax was performed, and a ‘Hello Kitty’ pendant necklace was recognised in the upper third of her esophagus. Removal of the foreign body was performed endoscopically, without intercurrences. The girl presented full recovery with no sequels.

Foreign body ingestion and aspiration is a frequent cause of pediatric accidents and requires immediate recognition as well as early treatment to minimize potentially serious consequences.1-3 More commitment and dedication is needed to ensure adequate prevention by caregivers, which requires parent educational programs in order to prevent habits that predispose to accidents. Prevention is a key element in reducing the morbidity and mortality associated with these cases.1-3

DATA CONFIDENTIALITY
Informed consent was duly obtained from the patient.

CONFLICTS OF INTEREST
All authors report no conflict of interest.

REFERENCES

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