

Appendix 1

Description of INSEF 2015, included and excluded participants by sociodemographic characteristics

Table 1. Description of INSEF 2015, included and excluded participants by sociodemographic characteristics

Socio-demographic characteristics	Included individuals		Excluded individuals	
	n	%	n	%
Sex				
Female	1570	55.5	1076	49.1
Male	1247	44.5	1018	50.9
Age group				
25 - 29 years	-		325	16.8
30 - 34 years	-		389	22.2
35 - 39 years	-		529	24.7
40 - 44 years	589	21.9	17	0.5
45 - 49 years	525	18.6	48	2.3
50 - 54 years	547	19.0	73	2.9
55 - 59 years	433	14.3	107	4.0
60 - 64 years	414	14.6	144	5.7
65 - 69 years	309	11.5	123	5.8
70 - 74 years	-		339	15.1
Marital status ^a				
Married	2136	76.1	1297	59.7
Not married	681	23.9	797	40.3
Educational level				
No education/ basic 1st cycle	941	30.9	575	24.0
Basic 2nd/3rd cycle	1002	35.6	593	26.9
Secondary education	469	18.0	489	25.2
Higher education	403	15.5	435	23.9
Occupational activity ^b				
A	402	17.1	343	20.8
B	1142	44.8	866	42.3
C	982	38.1	720	36.9
Degree of urbanization				
Urban	2026	73.2	1488	74.1
Rural	791	26.8	606	25.9
Health Region				
North	441	35.7	336	35.0
Centre	432	17.9	274	14.3
Lisbon and Tagus Valley	342	32.6	308	37.3
Alentejo	392	4.7	298	4.5
Algarve	392	4.4	252	4.0
Autonomous Region of Madeira	422	2.6	273	2.4
Autonomous Region of Azores	396	2.1	353	2.5
Income quintile				
Low	667	20.7	425	15.7
Medium - low	522	17.0	407	17.0
Medium	503	18.8	369	19.0
Medium - high	450	17.2	387	19.5
High	526	18.8	388	21.7

^a: Married – cohabiting and married; Not married – single, divorced, widowed

^b: A - Armed forces, Managers, Professionals; B - Technicians & Associate Professionals, Clerical Support Workers, Services & Sales Workers; C - Skilled Agricultural Workers, Craft & Related trades Workers, Plant & Machine Operators, Elementary occupations¹²