superimposed with districts where more COVID-19 cases were observed (Fig. 2)"; c) As correlações apresentadas (Fig.s 3 e 4 do artigo de Nogueira PJ et al) são fortes (R e Rho, 0,98/ 0,78/ 0,45/ 0,52) e significativas (p < 0,001/ < 0,001/ < 0,06/ < 0,028). Usando dados do INE,² verifica-se que tanto a subida em março, o cume no início de abril e a descida posterior dos novos casos COVID-19 como o excesso de mortalidade foram simultâneas. Estes dados, juntamente com os dados do relatório nº 55 da DGS reforçam a importância já denotada do factor COVID-19: a) as mortes por COVID-19 explicarão a esmagadora maioria

das mortes em excesso verificadas, b) a grande maioria de ambas verificaram-se nas idades acima de 84 anos recorda-se que 40% das mortes por COVID-19 foram em lares de idosos (DGS), que se desconhecem as causas de muitas mortes nos lares ou em instituições de cuidados continuados,³ e que os dados são de auto-preenchimento por parte dos lares.⁴ O grupo mortalidade nos com mais de 74 anos é demasiado grande e heterogéneo, pelo que seria benéfica a análise de subgrupos. As mesmas razões para análise separada por sexos.

REFERÊNCIAS

- Nogueira PJ, Araújo Nobre M, Nicola PJ, Furtado C, Vaz Carneiro A. Excess Mortality Estimation During the COVID-19 Pandemic Preliminary Data from Portugal. Acta Med Port (in press). doi oro/10.20344/amp.13928
- Instituto Nacional de Estatística. COVID-19: uma leitura territorial do contexto demográfico e do impacto socioeconómico. INE destaque 8MAIO2020. Lisboa: INE; 2020.
- Vieira A, Ricoca V, Aguiar P, Abrantes A. Excesso de mortalidade, em Portugal, em tempos de COVID-19. Lisboa: Escola Nacional de Saúde Pública; 2020.
- Maia A, Campos A, Gomes M. Cerca de 15% dos mortos por covid-10 eram idosos que viviam em lares. 2020 abr 9. Público. [consultado 2020 mai 10]. Disponível em; https://www.publico.pt/2020/04/09/sociedade/ noticia/cerca-15-mortos-covid19-idosos-viviam-lares-1911793.

António Oscar MOTA⊠

I. Internista Reformado. Aveiro. Portugal

Autor correspondente: António Óscar Mota. oscmota@gmail.com

Recebido: 18 de maio de 2020 - Aceite: 20 de maio de 2020 | Copyright © Ordem dos Médicos 2020

https://doi.org/10.20344/amp.14155



Reply to a Comment about the Article Published in Acta Med Port 2020; Apr 27; doi:10.20344/amp.13928

Resposta a Comentário sobre o Artigo Publicado em Acta Med Port 2020; Apr 27; doi:10.20344/amp.13928

Keywords: Coronavirus; Coronavirus Infections; COVID-19; Disease Outbreaks; Mortality; Pandemics; Portugal

Palavras-chave: Coronavírus; COVID-19; Infecções por Coronavírus; Mortalidade; Pandemia; Portugal; Surtos de Doenças

We are grateful for the interest and comments¹ of our recently published study on excess mortality estimation during the COVID-19 pandemic in Portugal.²

The aim of our investigation was essentially to be factual about the observed excess all-cause mortality. Therefore, in our paper we separate excess mortality calculations from possible contributory explanations, where several could be acting simultaneously. From our perspective, usual estimates are performed by comparing with homologous period in recent years, assuming 'normal conditions'. We found it important to highlight that such procedure might not be correct in the real lockdown period. Our scenarios are intended to promote discussion and to demonstrate that the observed excess mortality is higher than what has been discussed. There is nothing alarming about assuming at least 2400 to 4000 deaths as the estimations are explained and supported by both science and data.

We hypothesize that the observed reduction in access to health care should have had its impact on the death toll. It is important to clarify that our estimate for access to healthcare during the study period was done independently and it is not included in any of our all-cause excess mortality estimations. It rather represents an academic exercise to potentially explain part of the observed excess mortality. Therefore, the imputation of potential deaths due to the increased non-attendance of emergency care, while using 2008 study mortality risk estimators according to severity level, is not relevant to the observed excess mortality, as it is not part of its calculation. Furthermore, one can argue that the mortality risk in those not attending the emergency department while actually needing to do so will supposedly be higher than the mortality observed in those who attend, regardless of any improvement in healthcare services since 2008. Additional hypotheses for the observed excess overall mortality also includes deaths with identified COVID-19 infection and deaths with unidentified COVID-19 infection. Moreover, our study did not aim to calculate unidentified COVID-19 deaths.

Finally, several studies have been consistently pointing towards excess mortality quite above the number of deaths in those infected with COVID-19, both in Portugal³ and in other countries. ⁴⁻⁶ We acknowledge that further research is necessary to integrate the different estimates in our main calculation, and we hope that such studies will be performed.

REFERENCES

- Knight A. Letter to the Editor about the Article "Excess Mortality Estimation During the COVID-19 Pandemic: Preliminary Data from Portugal https:// doi.org/10.20344/amp.13928". Acta Med Port. 2020;33:446-7.
- Nogueira PJ, Nobre MA, Nicola PJ, Furtado C, Vaz Carneiro A. Excess Mortality Estimation During the COVID-19 Pandemic: Preliminary Data from Portugal. Acta Med Port. 2020;33:376-83.
- Vieira A, Ricoca V, Aguiar P, Abrantes A. Excesso de mortalidade, em Portugal, em tempos de COVID-19. Lisboa: Universidade NOVA de Lisboa: 2020.
- 4. Olson DR, Huynh M, Fine A, Baumgartner J, Castro A, Chan HT, et al.
- Preliminary estimate of excess mortality during the COVID-19 outbreak New York City, March 11–May 2, 2020. MMWR Morb Mortal Wkly Rep. 2020:69:603-5.
- EuroMOMO Bulletin, Week 19, 2020 EUROMOMO. [accessed 2020 May 18]. Available from: https://www.euromomo.eu/bulletins/2020-19/.
- The Economist. Covid-19 data Tracking covid-19 excess deaths across countries | Graphic detail | [accessed 2020 May 18]. Available from: https://www.economist.com/graphic-detail/2020/04/16/trackingcovid-19-excess-deaths-across-countries.

Paulo Jorge NOGUEIRA⊠¹.2.3.4, Miguel de ARAÚJO NOBRE³.5.6, Paulo Jorge NICOLA³.4.6, Cristina FURTADO¹.4.6.7, António VAZ CARNEIRO¹.3.8

- 1. Institute of Preventive Medicine and Public Health. Faculty of Medicine. University of Lisbon. Lisbon. Portugal.
- 2. Laboratory of Biomathematics. Faculty of Medicine. University of Lisbon. Lisbon. Portugal.
- 3. Institute for Evidence Based Health. Faculty of Medicine. University of Lisbon. Lisbon. Portugal.
- 4. Institute for Environmental Health. Faculty of Medicine. University of Lisbon. Lisbon. Portugal.
- 5. Stomatological University Clinic. Faculty of Medicine. University of Lisbon. Lisbon. Portugal.
- 6. Epidemiology Unit. Institute of Preventive Medicine and Public Health. Faculty of Medicine. University of Lisbon. Lisbon. Portugal.
- 7. National Institute of Health Dr. Ricardo Jorge. Lisbon. Portugal.
- 8. Cochrane Portugal. Lisbon. Portugal.

Autor correspondente: Paulo Jorge Nogueira. paulo.nogueira@edu.ulisboa.pt
Recebido: 19 de maio de 2020 - Aceite: 20 de maio de 2020 | Copyright © Ordem dos Médicos 2020
https://doi.org/10.20344/amp.14162

