

# Video Abstract Publishing Guidelines

## Normas para Vídeo Abstract



Editorial Board ACTA MÉDICA PORTUGUESA  
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### OBJECTIVES

A **video abstract** is an audio-visual recording in which an author **briefly outlines** the purpose, methodology, originality and results of their research paper. It is published alongside the textual abstract as a promotional tool in order to improve the audience's understanding and appreciation of the work, and to facilitate and increase readership of the article. The video abstract allows the author to go beyond the constraints of their written article and to personally explain the relevance of their work, while promoting himself or herself as speakers.

Below are a few guidelines for making a video abstract, but if you have any questions please contact AMP-Student editorial team through [student@actamedicaportuguesa.com](mailto:student@actamedicaportuguesa.com).

### EDITORIAL GUIDELINES

1. A video abstract should not last longer than **four minutes**.
2. A video abstract should **introduce** the topic of the article, **highlight the main results** and **conclusions** and discuss **future potential developments** in the field as a result of the work.
3. The video abstract should be **structured** to tell a story about the research in order to be understandable and accessible to users outside of the immediate field of the article.
4. It can also demonstrate the experiments physically, illustrate complex theoretical phenomena through practical demonstrations, introduce viewers to the equipment and tools used in the research and engage with the audience in a more informal manner.
5. Combined footage of the author and other relevant visual data is encouraged, such as practical demonstrations, animations, interviews and lab footage.
6. Video abstracts are intended to be **creative and original**, instead of a textual **reading the abstract**. Therefore, authors are encouraged to make full use of any audio-visual tools available.
7. The use of material from previously published work requires appropriate permission from the publisher (AMP).
8. It must include a **soundtrack providing a clear verbal narration of the visual content**. As we cannot fully guarantee copyrights, music is not allowed.
9. The video abstract **soundtrack must be recorded in Portuguese or English**. If it is recorded in Portuguese, it must be accompanied by **subtitles in English**; if it is recorded in English, it must be accompanied by **subtitles in Portuguese**.
10. Presentations should not include small text that will be difficult to read.
11. If the video shows any identifiable **living patients and/or**

**gives anyone's identifiable personal details**, we will require consent using **AMP standard patient consent** form, in order to guarantee compliance with AMP's policy on patient confidentiality. The AMP standard patient consent is available through the following links:

- a. English: [http://www.actamedicaportuguesa.com/info/consentimento\\_informado\\_do\\_doente\\_en.doc](http://www.actamedicaportuguesa.com/info/consentimento_informado_do_doente_en.doc);
  - b. Portuguese: [http://www.actamedicaportuguesa.com/info/consentimento\\_informado\\_do\\_doente.doc](http://www.actamedicaportuguesa.com/info/consentimento_informado_do_doente.doc).
12. Terms and conditions regarding the use and distribution of video abstracts will apply in line with **AMP's copyright statement**.
  13. All video abstracts will be assessed for suitability by AMP's editorial team.
  14. The video abstract should end with a final slide listing the main "take home messages" (until 5).

### TECHNICAL REQUIREMENTS

- File size: < 4GB
- Frame rate: 30 frames per second
- Aspect ratio: 16:9
- Frame size: 1280 x 720 (preferred), 854 x 480 pixels (minimum)
- Format: .mov, .mpg, or .mp4 (preferred)
- Video codec: H.264
- Audio codec: AAC
- Video bitrate: 480–2672 kbps
- Audio bitrate: 16-bit AAC audio at a sampling frequency of 44.1kHz

### SUBMISSIONS GUIDELINES

1. Please **submit** all files through **ZendTo**, a file transfer website hosted by Routledge, which allows you to transfer files of up to 2GB internationally and send the files to [student@actamedicaportuguesa.com](mailto:student@actamedicaportuguesa.com).
2. A Recording Rights Agreement must be **submitted**

alongside with the video before its publication.

3. A full word-for-word written transcript of the video abstract must also be **submitted** at the time of submitting the video files. Transcripts should be submitted in Microsoft

Word files.

4. All files should be submitted after the paper has been accepted for publication.